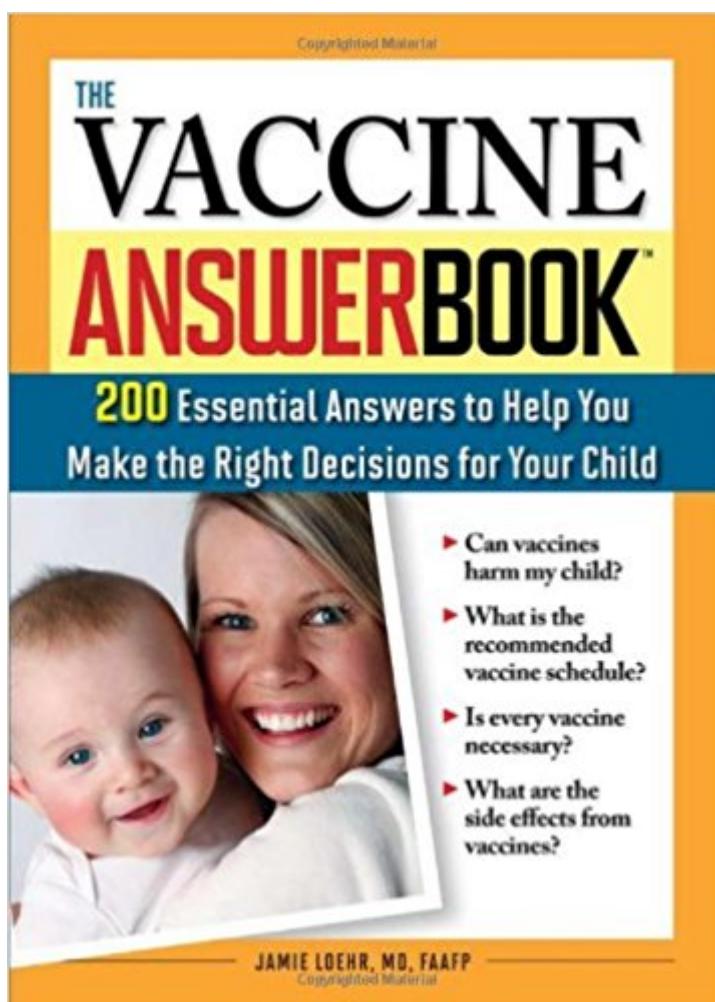


The book was found

The Vaccine Answer Book: 200 Essential Answers To Help You Make The Right Decisions For Your Child



Synopsis

From the cover of Time magazine to high-profile celebrity crusades, childhood vaccines are one of the most intensely debated topics affecting parents today. The Vaccine Answer Book cuts through the controversy, giving parents impartial answers to more than 200 of the top questions about vaccines. Written by an experienced MD who is also a father of four, this pocketsize reference guide includes essential basic information about vaccines and the public health rationale behind them, a complete explanation of the recommended vaccine schedule for children, and detailed information on each specific vaccine. It also includes full disclosure of all the possible vaccine side effects, situations when you shouldn't vaccinate, and an unbiased explanation of recent controversies involving vaccines, including the purported link between vaccines and autism. The Vaccine Answer Book is a parent's must-have guide to fully understanding this hot-button issue and making confident, informed decisions. Readers will find trusted answers to questions such as: How effective are vaccines? What is thimerosal and why was it removed from childhood vaccines? Is there a link between MMR and autism? What should I do if I decide that I don't want to vaccinate my child or want to choose an alternative vaccine schedule? Is it better to get vaccinations in a group or to spread them out?

Book Information

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Customer Reviews

"I highly recommend it as it is written very knowledgeably and yet it still assumes that the parents have brains and know how to use them. Again, I really appreciate that (because it's true). Questions

about what is the best and healthiest thing for your child and your family? Check out this book!" - 5

Minutes for BOoks

Jamie Loehr, MD, has practiced as a family physician in Rochester and Ithaca, New York for over 18 years. Although he provides a wide range of care, his first loves remain pediatrics and obstetrics. He is the father of four children.

This book was such a gift to my husband and me. Tired, dazed, and confused by our first few weeks of parenting, we were daunted by the idea of deciding how and when to vaccinate our daughter. (Like so many things in our first month we thought "where's the adult to make this decision?") I wanted to know everything there was to know and do my own research, but was finding it hard to manage much more than nursing our daughter and the occasional shower. This book was perfect! Easy to read, straightforward, up-to-date, and very informative. Every time I thought of a new question all I had to do was turn the page and I would find it answered. Best of all, the author helped me organize my thoughts and come to a clear decision so I didn't spend any time second-guessing myself or going back and forth. The author found a way to express his thoughts on vaccinations but also made it clear that no matter what we decided, we were the best people to make the decision for our daughter. (So much better than the sea of "you have to do this OR ELSE" we've been finding in parenting literature.) I'm recommending this book to every parent facing a decision about vaccinations! (And on a side-note that may not seem important but breast-feeding mothers will understand: it's paperback and slightly smaller than normal book size, making it easy to hold in one hand while nursing. A big plus when the only breaks you're getting in the day are those quiet moments of breast-feeding!)

great source of short and to the point info about each vaccine individually. Then good over all info to keep in mind when making choices of which vaccines to get for your child.

very informative book however I am against vaccines and would have liked to see more on some of the effects that vaccines have on autism and children as well as adults, but all in all it is worth buying.

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